

## -Sandwiches & Baguettes-

CHOOSE FROM FARMHOUSE WHITE,  
FARMHOUSE WHOLEMEAL OR  
10" WHITE BAGUETTES

	BAG	SAND
BLT (BACON LETTUCE & TOMATO)	4.75	3.95
TUNA, SWEETCORN & MAYONNAISE	4.50	3.75
SAUSAGE & ONION	4.25	3.50
CHICKEN, CRISPY BACON, RED ONION & MAYO	5.50	4.75
PRAWN & MARIE ROSE COCKTAIL	5.50	4.50
HOT CHICKEN BREAST & MAYO	5.25	4.50
CHEESE & PICKLE	4.25	3.50
HAM	4.25	3.50

## -Triple Decker Club Sandwiches-

on white or wholemeal with salad and fries

CHICKEN, BACON & TOMATO	5.75
SMOKED SALMON & PRAWN COCKTAIL	6.25

## -Jacket Potatoes-

SERVED WITH SALAD

Cheese	3.95
Beans	3.95
Cheese & Coleslaw	4.25
Cheese & Beans	4.25
Spicy Chilli Beef	4.75
Prawn & Marie Rose Sauce	5.25
Tuna, Mayo & Sweetcorn	4.50
Cheese, Crispy Bacon & Coleslaw	4.95
Spicy Chilli Beef & Cheese	4.95
Coleslaw (Homemade)	3.95

## -Italian Style Toasties-

with salad and fries

HAM, CHEESE & TOMATO	4.25
HAM, CHEESE & ONION	4.25
CHEESE, ONION & TOMATO	3.75
CHEESE & TOMATO	3.50
CHEESE & ONION	3.50
CHEESE & CRISPY BACON	4.25
HAM & CHEESE	4.00

## -Side Orders-

Large Fries	1.75
Garlic Bread (3 slices)	1.75
Cheesy Garlic Bread	2.25
Baked Beans	1.00
Spicy Chilli Baked Beans	1.25
Loaded Cheesy Chips	2.75
Homemade Coleslaw	1.00
Extra Dip	0.50

Everything on our menu is cooked or prepared to order and we aim to serve your order as quickly as possible. There may be a short delay in receiving your food if we are exceptionally busy or all the orders are taken at once, we do apologise for this but please bear with us as we endeavour to maintain our high standards.

Orders taken individually cannot be guaranteed to be served at the same time, If you wish your meals to be served simultaneously, please order together

*Thank You*

[www.barwestone.co.uk](http://www.barwestone.co.uk)

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# bar west one

menu

## -Burgers-

All served in a toasted bun with French Fries and salad

<b>WEST ONE CLASSIC</b> 4oz burger on a bed of lettuce, onion and mayonnaise	<b>£3.95</b>
<b>BEAN BURGER</b> Bean burger with spicy mayo on a bed of lettuce	<b>£3.95</b>
<b>WEST ONE CLASSIC WITH CHEESE</b> 4oz burger on a bed of lettuce, onion and mayonnaise topped with cheese	<b>£4.25</b>
<b>MEXICAN HEAD HONCHO</b> 4oz burger on a bed of lettuce, onion and coleslaw topped with spicy chilli beef	<b>£5.25</b>
<b>STILTON BURGER</b> 4oz Burger topped with melted Stilton on a bed of coleslaw and lettuce	<b>£5.75</b>
<b>BIG BREAKFAST BURGER</b> 4oz burger on a bed of sliced mushrooms topped with fried egg, bacon and cheese	<b>£5.50</b>
<b>WEST ONE CHICKEN BURGER</b> Served on a bed of lettuce and mayonnaise	<b>£4.50</b>
<b>WEST ONE VEGETARIAN BURGER</b> Vegetarian burger served on a bed of lettuce, mayo & tomato topped with cheese	<b>£3.25</b>
<b>THAI CHICKEN BURGER</b> A whole breast in crisp crumb with cheese and jalapenos on spicy mayo	<b>£5.50</b>
<b>JALAPENO BURGER</b> 4oz burger topped with melted cheese, crispy fried jalapenos and spicy mayonnaise	<b>£5.75</b>

## -Pannini's-

FRESH HERB PANNINI BREAD TOASTED IN OUR ITALIAN STYLE GRIDDLE SERVED WITH A SIDE ORDER OF FRIES AND SALAD

<b>CHILLI CHEESE &amp; SWEETCORN</b>	<b>£4.75</b>
<b>LOUISIANA TUNA MELT (spicy)</b>	<b>£4.95</b>
<b>CHEESE &amp; HAM</b>	<b>£4.75</b>
<b>PEPPERONI, MUSHROOM &amp; MOZZARELLA</b>	<b>£5.75</b>
<b>CRISPY BACON, STILTON &amp; TOMATO</b>	<b>£5.50</b>
<b>BBQ CHICKEN, BACON &amp; CHEESE MELT</b>	<b>£5.75</b>

## -The Main Course-

<b>SOUTHERN FRIED BREADED CHICKEN</b> Breaded chicken fillets served with french fries, mixed salad and mayonnaise dip	<b>£5.95</b>
<b>CHILLI BEEF MELT</b> A large bowl of rice & homemade chilli beef topped with melting cheese served with tortilla chips & sour cream	<b>£6.50</b>
<b>HAM &amp; EGGS</b> Sliced gammon ham topped with 2 eggs, a large side of fries with bread and butter	<b>£5.95</b>
<b>BEEF LASAGNE</b> Minced beef bolognese sandwiched with layers of pasta topped with a creamy cheese sauce served with salad and garlic bread	<b>£5.75</b>
<b>BREADED SCAMPI</b> A large portion of wholetail scampi with a side of fries, lemon, tartare sauce and salad	<b>£5.95</b>
<b>VEGETARIAN NACHOS</b> Crispy tortillas topped with spicy tomato salsa & melted cheese served with guacamole, sour cream & jalapenos	<b>£5.25</b>
<b>JD CAJUN SALMON</b> Sticky Jack Daniels & cajun marinaded salmon supreme on a bed of crisp sweetcorn salad with homemade coleslaw	<b>£8.25</b>
<b>SAUSAGE &amp; MASH</b> 4 sausages in a rich onion gravy on a bed of creamy mash potato with a side of peas	<b>£5.75</b>
<b>MEGA COMBO FOR 2</b> Breaded chicken, scampi, potato skins, onion rings, butterfly prawns and mini spring rolls with 3 dips mayo, BBQ and sweet chilli	<b>£9.95</b>
<b>CURRY OF THE WEEK</b> See screens for this weeks choice served with rice and side accompaniments	<b>£6.95</b>
<b>PASTA &amp; MEATBALL MELT</b> Penne pasta & meatballs in a tomato & herb sauce topped with melted cheese served with salad & garlic bread	<b>£6.50</b>
<b>PIE OF THE WEEK</b> Homemade pie served with fries and peas see screens for this weeks choice	<b>£6.25</b>
<b>CRISPY PRAWN MEDLEY</b> A combo of butterfly, filo, tempura & spicy prawns on a bed of salad with sweet chilli dip & wholemeal bread & butter	<b>£6.95</b>
<b>ALL DAY BREAKFAST</b> 2 sausages, 2 bacon, fried egg, beans & fries served with bread & butter	<b>£5.75</b>

## -Wraps-

ALL SERVED IN A 10" FLOUR TORTILLA WITH SALAD & FRIES

<b>SWEET CHILLI CHICKEN &amp; SWEETCORN</b>	<b>£5.75</b>
<b>SPICY CHICKEN FAJITAS WITH CHEESE &amp; SOUR CREAM</b>	<b>£5.95</b>
<b>CHICKEN, BACON &amp; CAESAR SAUCE</b>	<b>£5.75</b>
<b>SWEET CHILLI CHEESE &amp; SWEETCORN MAYO</b>	<b>£5.25</b>
<b>PRAWN, AVOCADO &amp; SPICY MARIE ROSE SAUCE</b>	<b>£6.25</b>

## -Salads & Ploughman's-

A LARGE PLATE OF CRISP FRESH SALAD WITH HOMEMADE COLESLAW & ONE OF THE FOLLOWING

<b>SEAFOOD</b> Smoked salmon, prawns and tuna with Marie Rose sauce & wholemeal bread & butter	<b>£6.95</b>
<b>HAM</b> Sliced ham with apple & sweet pickle and ½ freshly baked baguette	<b>£5.50</b>
<b>HOT CHICKEN</b> Sliced chicken breast, mayo dip and ½ freshly baked baguette	<b>£5.95</b>
<b>MATURE CHEDDAR</b> Grated mature English cheddar with apple, sweet pickle and ½ freshly baked baguette	<b>£5.25</b>
<b>PRAWN &amp; AVOCADO</b> Prawns & sliced avocado served topped with Marie rose sauce & wholemeal bread & butter	<b>£6.75</b>
<b>STICKY SESAME CHICKEN</b> Slices of hot sticky chinese sesame chicken with spring onion & ginger mayo	<b>£6.50</b>
<b>CHICKEN CAESAR SALAD</b> Sliced chicken breast, crispy bacon, herb croutons & parmesan shavings with Caesar dressing	<b>£6.25</b>

## -Stuffed Flatbreads-

A LIGHTLY TOASTED FOLDED FLATBREAD WITH A FILLING OF YOUR CHOICE SERVED WITH A SIDE ORDER OF FRIES AND SALAD

<b>Steakwich, Mushrooms, Onions and Cheese</b>	<b>£4.95</b>
<b>Chicken, Bacon and Sweetcorn BBQ melt</b>	<b>£5.95</b>
<b>Brie, Bacon &amp; Tomato</b>	<b>£5.75</b>